



PHYSICAL EDUCATION



KENTUCKY
WESLEYAN
COLLEGE
—1858—

CAREERS

OUR PROMISE TO YOU

Kentucky Wesleyan’s Physical Education P-12 program is for students primarily interested in teaching physical education as well as for those who want to teach and coach. Completing this degree will certify you to teach P.E. to kids in kindergarten through twelfth grade; you are also required to minor in another discipline and will be certified to teach that discipline as well.

Graduates from our program who have sought teaching positions have been very successful in finding a job in large part because they are versatile enough to teach P.E. and another subject to all grades.

EXCEPTIONAL PREPARATION

The program will focus on providing students with the knowledge and experiences they need to successfully implement national and state health and physical education standards. Students will complete course work enabling them to be successful in a variety of learning environments. The health and physical education program consists of course work and field experiences that will enable graduates to be leaders in the profession.

SCHOLARSHIPS

Kentucky Wesleyan College will annually award scholarships to aspiring teachers who meet and agree to the following criteria:

- Earn a minimum 3.0 high school GPA
- Achieve an ACT score of 21 or higher
- Complete an interview with faculty members and members of the Teacher Education Advisory Committee (TEAC).
- Maintain a minimum of 12 hours full-time status each semester
- Maintain standards of the teacher education program

- Aerobics Instructor
- Athletic Coach
- Athletic Counselor
- Athletic Director
- Camp Director
- College Professor
- Head Coach
- Personal Trainer
- Physical Education Teacher
- Wellness Teacher

Contact Admissions:
270-852-3120
admissions@kwc.edu

find yourself

Courses Offered

Kentucky Wesleyan education is all about preparing you to pursue a productive career and a full, meaningful life. Each major offers unique courses designed to get you ready for a professional career in that field of study. Below, learn more about some of the courses you can expect to take with this major:

ED 100: Introduction to Education 1 Semester Credit Hour

Overview of the role of education in America. Course introduces students to practices and practitioners, to requirements for teacher certification, and to the three levels-elementary, middle grades and secondary.

ED 202: Educational Technology 3 Semester Credit Hours

Focus on computers, computer software and other technology explicitly designed for educational use. Collaboration with public school personnel and use of state-of-the-art materials and equipment implemented in this course.

ED 308: Educational Psychology 3 Semester Credit Hours

Psychological theory and research related to the learning process – with consideration of their application to school situations and problems.

ED 311: Methods and Materials Middle and High School 3 Semester Credit Hours

General methods course provides an overview of teaching in middle grades and high school with an emphasis on learning styles, teaching styles, planning lessons and curriculum, assessing and evaluating, working with individuals and groups, managing a classroom and using appropriate materials.

ED 400: Discipline and Classroom Management Middle and High School 3 Semester Credit Hours

A study of research and theories that have led to appropriate current practices of discipline in schools. Provides experiences in classroom management processes necessary to establish and maintain an environment in which learning and instruction can occur.

EDPH 401, 402: Directed Teaching Physical Education 12 Semester Credit Hours

Student teaching for 14 weeks of full days under the guidance of an experienced, practicing physical education teacher and a college supervisor.

EDMG 201: Late Childhood/Early Adolescent Development 3 Semester Credit Hours

Emphasizes cognitive, psychosocial and physical developments of students in grades 5-9 and developmental implications for curriculum design, teaching/learning strategies, school organization, social activities and special needs considerations.

EXSC 103: Introduction to Physical Education and Health 1 Semester Credit Hour

An introduction to various concepts thought to be influential in giving direction to programs of Kinesiology and Health Promotion.

PE 200: Contemporary Health Topics 3 Semester Credit Hours

A comprehensive study of relevant health issues with consideration given to their physical, emotional, social and intellectual dimensions.

Scan me to discover more information about your major and the others we offer!



PE 304: Methods and Materials for Teaching Secondary Physical Education 3 Semester Credit Hours

Through classroom and practicum-site work, students will enhance their abilities in planning, implementing and evaluating physical education programs in secondary schools.

PE 307: Methods and Materials, Teaching Physical Education K-8 3 Semester Credit Hours

Planning, implementing and evaluating physical education programs for children K-8 will be emphasized. Students will learn how to build a curriculum, use materials and teach children all aspects of elementary and middle school physical education.

PE 310: Sociological and Psychological Aspects of Sports 3 Semester Credit Hours

The first half of the semester is devoted to understanding basic sociological concepts and examining social issues in sport (e.g., aggression and violence, racism, sexism, sport and education). The second half of the semester focuses on the concepts and applications of sport psychology.

PE 406: Adapted Physical Education 3 Semester Credit Hours

This course takes a developmental approach to providing physical education to persons with disabilities. Through classroom learning and practical experience students will learn to plan effective physical education programs for persons with disabilities.

PEH 215: First Aid and Safety 3 Semester Credit Hours

This course introduces students to the concepts of safety and emergency care. Emphasis is placed on being a citizen responder, and a first responder in employment settings such as schools, industrial settings, athletic settings, and remote locations such as backcountry wilderness settings.

PEH 235: Foundations of Health Education 3 Semester Credit Hours

This course introduces the student to the fundamental issues involved in health education and health promotion activities. Students will explore issues surrounding health topics, theories and models of health education. Cognitive and affective learning methods will be addressed. Additionally, students will learn the various databases, web sites, and public health information documents currently available to health educators, as well as the various inventories used to collect health data.

PEH 408: Comprehensive School Health Programs 3 Semester Credit Hours

This course introduces the student to the issues involved in planning, implementing and evaluating health education programs, with the emphasis on school settings. Topics include needs assessment, health promotion and safety issues, life skills subjects, motivational factors, health/life skills portfolios, and teaching methods. Students will be taught how to develop a school health program, and to effectively utilize the community resources available to them. They will be taught how to assess the effectiveness of programs through the collection of data. Teaching demonstrations in class and in the school setting will be used as part of the assessment process.